The Central Armed Police Forces are primarily a reserve resource for state police. They should continue to be headed by IPS officials.

Next step to clean fuel

More information on health hazards of traditional cooking fuels can make rural poor more inclined towards LPG.

SUDHANSHU SARANGI AND ABHINAV KUMAR

THE IDEAS PAGE

Suicides and self-harm incidents among all these is a significant problem. In the age and older age group, and among young adults, these rates have doubled in recent years. Nearly every corner of the globe is seeing an increase in the number of self-harm incidents. The main cause of these incidents is the immediate and long-term consequences of the Covid-19 pandemic. The pandemic has negatively affected the income and livelihood of millions of people. There is a strong correlation between suicide rates and economic distress. The economic downturn has led to a decrease in income and a rise in unemployment rates, which has increased the likelihood of people committing suicide. The lockdown has also led to an increase in mental health issues, with people experiencing anxiety, depression, and stress. These factors have all contributed to the increase in suicide rates.